



Aspotogan Recreation Association

Community Newsletter

Vol. 53 Issue 8 August 2026

Aspotogan ~ Bayswater ~ Blandford ~ Deep Cove ~ Northwest Cove

ARA UPDATE AUGUST 2026

Chair Yoga:

Fridays 10:00-11:00 in the Community Centre . Drop-in fee is \$7.00/class – please bring exact change if possible. All are welcome to this fun and ‘user-friendly’ class. No previous experience is necessary. Wear comfortable clothing and bring a yoga mat if you have one.

Drop-in Pickleball:

Thursdays 6:00 -7:30 in the Community Centre gym. \$3.00/player. Beginner and experienced players are welcome, age 13+. Cancellations will be posted on the community centre facebook page by 3:00 pm on Thursdays. (<https://www.facebook.com/blandfordcommunitycentre>) All equipment is provided, please wear non-marking sneakers. Questions? Email: Pickleball@BellAliant.com.

WATCH BLANDFORD AND COMMUNITY CENTRE FACEBOOK PAGES FOR UPDATES AND CHANGES TO ACTIVITIES. If any community members have ideas for programs, please contact a member of the Executive – we welcome your ideas and feedback!

ARA executive: Carly LeBlanc 902-277-1269; Mary Norwood 902-228-2453, Vicki Schnare 902-228-2234 (vicki.schnare@bellaliant.net), Nancy Webb 902-225-2915 (n.webb@dal.ca), Wendy Clark 902-877-4871 (wendyl.clark@gmail.com), and Emily Woodworth (emilylwoodworth@live.com)

COMMUNITY NOTICES**DISTRICT # 1 COMMUNITY CENTRE****DISTRICT #1 BLANDFORD COMMUNITY CENTRE**

Need to rent a room for an event??!!

A birthday party, wedding, retirement, craft or anniversary event??

Consider the Blandford Community Centre! We have extremely reasonable rates! Events can even be catered!

Room rentals are available by contacting Dawn by text at 902-275-8654 or dawn_liz911@hotmail.com.



For catering for private functions held in the Centre, please contact Mary Norwood at marynorwood@hotmail.ca or 902-277-0944

Thank you to all of our committed and generous volunteers that keep our activities running!
Have a great summer and see you in September!



Next Board of Directors Meeting is Wednesday, September 2nd at 7 pm.

All meetings are open to the public!

Board of Directors for 2026/2027 -

Kelly Fitzgerald, Chair	902-222-1046	kahfitzgerald@gmail.com
Wendy Clark, Vice Chair	902-877-4871	wendyl.clark@gmail.com
Britlee Harnish, Treasurer		britleeharnish@gmail.com
Karen Overholt, Secretary	519-567-1591	francis_karen@hotmail.com

Board Members (2026/2027)

Samantha Murphy, Odessa Bezanson, Joanne Walton, Eric Miller, Mary Norwood, Tami Clarke, Edward Burdon

COMMUNITY EVENTS



Skipper Bill Fleming, photo Lisa Cochrane

The Nova Scotia Schooner Association celebrates the **65th anniversary of Schooner Race Week** in Hubbards Cove this year from August 2 through 8, 2026.

Competitive schooner racing with a dozen vessels runs from Monday, August 3 to Saturday the 8th, with start horn at 12:30 daily at the mouth of the cove.

With funding from HRM, the Aspotogan Heritage Trust and the Municipality of the District of Chester, Schooner Race Week is sponsored by our hosts, the Hubbards Community Waterfront Association; Cove FM Radio; Tuna Blue Inn & Restaurant; Dream Imagine Believe Photography; Propeller Brewing Company; Black Harbour Distillers; East River Shipyard; Hubbards Beach, Campground and Cottages; and the Binnacle.

Schooner Family Day on Sunday, August 2 from 1-5pm launches the week of celebration on the public wharf at 20 Yacht Club Rd. Come meet the beautiful schooners, their salty captains and excited race crews. With food, beverages and live Celtic music by The Corbies, immerse yourself in our maritime heritage for an afternoon. Fun for all ages!

As part of the week's festivities, singer/songwriter **Lennie Gallant** will perform with his band at the Shore Club for the first time ever on **Tuesday August 4 at 7:30 pm**. Not to be missed. Limited seating, doors open at 6:30. Tickets \$45 + tax/fees at <https://Lennie-Gallant-Shore-Club-Aug-4-2026.eventbrite.ca>

On **Thursday August 6 from 7-10pm** "Women at the Helm" will shake up Black Harbour Distillers, generously sponsored by the venue. Free social for all female sailors and wanna-be sailors over 19 interested in learning more about adult sailing skills and racing opportunities.

The Moonshine TV location on Hubbards Beach rocks the **Sable Pipeline Surf n' Ska** band for a dance fest beach party on **Friday, August 7 from 8-11pm**. Tickets \$15 + tax/fees at <https://sable-Pipeline-Surf-N-Ska-Aug-7.eventbrite.ca>
Sponsored by Hubbards Beach, Campground and Cabins.

www.nsschooner.ca



COMMUNITY EVENTS

Best of Boxwood

Alexis Chartrand - Quebecois fiddle
 Nic Gareiss - percussive dance
 Màiri Chaimbeul - Celtic harp
 Brenda Castles - concertina, vocals
 Rennie Pearson - multi-instrumentalist
 Chris Noman - flute, pipes

Nova Scotia Concert Tour



Monday August 3 at 7 pm

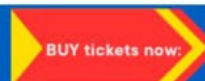
St Barnabas Anglican Church, 4936 Hwy 329, Blandford

\$25 advance • \$30 at the door • youth free

Reserve: musiqueroyale1985@gmail.com



MUSIQUE ROYALE 41st Summer Festival



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COMMUNITY NOTICES

Contact recreation@chester.ca or
(902) 275-3490 to book or learn more.

TRAILRIDER

This is an accessibility device that is designed to navigate through trails and reintroduce folks to the outdoors. If you think this is something you could use, or want to know more about it, Recreation and Parks is offering **(free!) 1-on-1 bookings all summer** to teach you how to set it up and use it.

COMMUNITY NOTICES

Free Digital Device Training

Need help with your smartphone, tablet, or computer?

The SMB Community Enterprise Centre (CEC) in Upper Tantallon is offering free, one-on-one digital device training for anyone in the community who would like assistance with everyday technology. Seniors are especially encouraged to take advantage of this service, but everyone is welcome.

Whether you need help with email, video calling, online safety, photos, apps, internet browsing, setting up a new device, or other technology questions, friendly, personalized support is available.

The program runs July 1 through August 26 and is made possible through the Government of Canada's Canada Summer Jobs program.

Location:

SMB Community Enterprise Centre (CEC)
5229 St. Margaret's Bay Road
Upper Tantallon, NS

To book an appointment or learn more, please contact:

Email: techtraining@smbcec.org

or call (902) 826-1680

We welcome individuals from throughout the St. Margaret's Bay area and surrounding communities.

COMMUNITY NOTICES

OHC SAME DAY CLINIC SERVICES CALENDAR FOR **AUGUST 2026**

Phone Lines for the Same Day Clinic Open **8:00am** Each Clinic Day

Call (902) 273-2098 For A Same Day Appointment (We **DO NOT** offer walk-in service; you must have an appt.)

Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:00 to 3:00 pm – Same Day Clinic
4 9:00 to 5:00 pm – Same Day Clinic	5 9:00 to 5:00 pm – Same Day Clinic 9:00 am to 5 pm – Dr. Morissette (Referral) 8:30 to 12:00 – Forms Clinic	6 9:30 to 1:00 pm – Same Day Clinic	7 9:00 to 5:00 pm – Same Day Clinic	8 9:00 to 3:00 pm – Same Day Clinic
11 9:00 to 5:00 pm – Same Day Clinic	12 9:00 to 5:00 pm – Same Day Clinic 8:30 to 12:00 – Perimenopause Clinic	13 9:30 to 1:00 pm – Same Day Clinic	14 9:00 to 5:00 pm – Same Day Clinic	15 9:00 to 3:00 pm – Same Day Clinic
18 9:00 to 5:00 pm – Same Day Clinic	19 9:00 to 5:00 pm – Same Day Clinic 9:00 am to 5 pm – Dr. Morissette (Referral)	20 9:30 to 1:00 pm – Same Day Clinic	21 9:00 to 5:00 pm – Same Day Clinic	22 9:00 to 3:00 pm – Same Day Clinic
25 9:00 to 5:00 pm – Same Day Clinic	26 9:00 to 5:00 pm – Same Day Clinic 9:00 am to 5 pm – Dr. Morissette (Referral)	27 9:30 to 1:00 pm – Same Day Clinic	28 9:00 to 5:00 pm – Same Day Clinic	29 9:00 to 3:00 pm – Same Day Clinic

RED – Same Day Clinic | BLUE – Dr. Morissette (Psychiatry)

BLACK – Dr. O'Neil (Metabolic Health & Weight Management Clinic & Forms Clinic)

Referral means you must have a referral from your Family GP/NP; Same Day Clinic is done same day only starting at 8am.

Property Tax Rebate for Seniors

The Property Tax Rebate for Seniors helps low-income seniors with the cost of municipal residential property taxes. Rebates are 50% of what you paid on last year's property taxes, up to a maximum of \$800. You can apply until 31 December 2026.

To find out more, go to: <https://www.novascotia.ca/apply-property-tax-rebate-property-tax-rebate-seniors>

Or Call Phone: [902-424-5200](tel:902-424-5200) Toll-free: [1-800-670-4357](tel:1-800-670-4357) for more information.

BUSINESS SERVICES






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Services Available at Aspotogan Heritage Trust

10 Pte. Richard Green Lane, Hubbards



Free wifi and public computer usage Printing, Scanning, Faxing, Copying

Shredding , Laminating, Binding

Co-working spaces (hourly/daily/weekly rates) and boardroom access are available

Grant information and support services for community groups

For more information, contact the Aspotogan Heritage Trust (AHT) at
902-857-1133 or via email at info@aspotogan.org

BUSINESS SERVICES

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— L A N D S C A P I N G —



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COMMUNITY NOTICES/BUSINESS SERVICES



Any other uke players out there who might be interested in getting together for strum-alongs over the fall and winter to stave off cabin-fever and the winter blahs? Just gauging interest at this point. All levels welcome. I'm a rusty novice myself. Let me (Sandra) know at:
Aspotogan329@gmail.com or (902) 817-9906.

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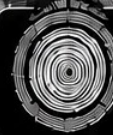
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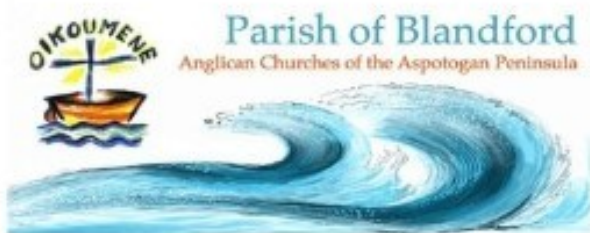
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PARISH SCHEDULE / COMMUNITY NOTICES



Ministry@ParishofBlandford.ca
<https://parishofblandford.ca>

St. Cuthbert's: 2734 NS-329, Northwest Cove
 All Saints: 4122 NS-329, Bayswater
 St. Barnabas: 4936 NS-32, Blandford

August 2026 Worship Schedule (latest updates: <https://parishofblandford.ca/service-schedule/>)

August 2 nd	Morning Prayer	10:00am	St. Cuthberts, Northwest Cove
August 9 th	Eucharist Service	10:00am	All Saints, Bayswater
August 16 th	Morning Prayer	10:00am	St. Barnabas, Blandford
August 23 rd	Eucharist Service	10:00am	St. Cuthberts, Northwest Cove
August 30 th	Eucharist Service	10:30am	St. Luke's, Hubbards

Opportunity to contribute to your community: Parish Council, the governing body of the Parish of Blandford, is looking for a Secretary. In addition to participating in Parish Council activities and governance, the secretary manages and executes correspondence, meeting minutes and other business activities. To volunteer for this position please contact the parish at ministry@parishofblandford.ca.



COMMUNITY BBQ & FUNDRAISER

SATURDAY, SEPT 12

11:00AM- 2:00PM

ASPOTOGAN HERITAGE TRUST

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HUBBARDS**



JOIN US FOR:

- PAY-WHAT-YOU-CAN BBQ**
- EXPLORE OUR ACCESSIBLE VEHICLES**
- MEET OUR STAFF, DRIVERS & BOARD OF DIRECTORS**
- LEARN ABOUT COMMUNITY WHEELS AND THE SERVICES WE PROVIDE**
- CONNECT WITH YOUR COMMUNITY**

EVERYONE IS WELCOME!

PHONE: 902-273-2440



WEBSITE: [COMMUNITYWHEELS.RURALRIDES.CA](https://communitywheels.ruralrides.ca)



FACEBOOK: COMMUNITY WHEELS, CHESTER, NOVA SCOTIA

COMMUNITY EVENTS CALENDAR

AUGUST 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
BCC = Blandford Community Centre	OS = Ocean Swells Community Centre					1
2 10:00 am St. Cuthberts	3 Best of Boxwood Concert St. Barnabas 7 pm	4 Fire Trg 7 pm	5 45's cards OS 7 pm	6 Pickleball BCC 6 pm	7 Chair Yoga BCC 10 am 45's cards OS 7 pm	8
9 10 am All Saints	10	11 Fire Trg 7 pm	12 45's cards OS 7 pm	13 Pickleball BCC 6 pm	14 Chair Yoga BCC 10 am 45's cards OS 7 pm	15
16 10 am St. Barnabas	17	18 Fire Trg 7 pm	19 45's cards OS 7 pm	20 Pickleball BCC 6 pm SEPT 2026 Newsletter Deadline	21 Chair Yoga BCC 10 am 45's cards OS 7 pm	22
23 10 am St. Cuthberts	24	25 Fire Trg 7 pm	26 45's cards OS 7 pm	27 Pickleball BCC 6 pm	28 Chair Yoga BCC 10 am 45's cards OS 7 pm	29
30 10:30 am St. Luke's, Hubbards	31					

Please note: The address for the newsletter indicated below is a **mailbox only, not** a physical address.

Newsletter Advertisement Rates

Personal Ads and Thank you Notices

1/4 Page	\$ 8.00
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SUBSCRIPTIONS AVAILABLE
CONTACT EDITOR FOR MORE INFO
\$36.00 per year

Editor Information

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Blandford, NS B0J 1T0
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SUBMISSION DEADLINE FOR SEPT NEWSLETTER:
AUGUST 20, 2026